

Kick the Bucket

Keep your car sparkling clean without using a drop of water. These three “waterless” plant-based cleaners save up to 100 gallons of H₂O per typical driveway sudsing and prevent pollutants from entering streams and groundwater supplies.

- + **No-Wet Green & Clean Waterless Wax & Wash** The biodegradable kaolin clay in this cleaner removes dirt; while the natural carnauba wax protects and shines. \$32.99, nowet.com
- + **Lucky Earth Waterless Car Wash** Free of dyes, fragrances, parabens, and phosphates, this wash uses a coconut derivative, salt, water, and degradable silicone. \$16.99, luckyearth.com
- + **Eco Touch Waterless Car Wash + Polish** This petroleum-free, nontoxic soap alternative is made with coconut and soy. \$9.99, ecotouch.net



TIP

Extend the life of fresh herbs like basil and parsley by putting them in a jar filled halfway with water (old spaghetti sauce ones do the trick). Cover the top of the jar with a plastic bag that has a few holes poked in it, secure with a rubber band, and pop in the fridge.

Make New Friends

Online social networking—through which millions of worldwide users build profiles, upload photos, post public messages, and interact with others—isn't just for cyber romance or posturing college kids. New specialized sites inspire your journey toward greater health for body, mind, and planet.

FOR	TOP SITES	WHY JOIN?	DON'T MISS
Exercise junkies	sweat365.com , yogamates.com	Online training buddies with similar goals offer motivation, as do the tools that help track your progress.	Download detailed running, cycling, and triathlon training plans designed for all levels from Sweat365's free library.
Tree huggers	care2.com , makemesustainable.com	Hook up with other eco-enthusiasts to strengthen (or kick-start) your commitment to raising awareness and inspiring change—all while expanding your knowledge about various green causes.	With MakeMeSustainable's Carbon and Energy Portfolio Manager, you can calculate your energy costs and quantify the benefits of specific sustainable actions.
Self-helpers	experienceproject.com , first30days.com	Find comfort in others who share your passions, goals, changes, and challenges, no matter how random or emotionally driven. If you can't find a circle, start your own.	Experience Project's Confessions forum allows members to anonymously reveal their secrets and scope out the admissions of others.